

LEWES RUGBY FOOTBALL CLUB



THE GOOD PLAYERS CODE

Young players should recognise that many people in Rugby Union are working to provide a safe and enjoyable game in which they can develop both as a player and an individual.

In Rugby Union, young players are encouraged:

- To recognise and appreciate the efforts made by coaches, parents, match officials and administrators in providing them with the opportunity to play the game and enjoy the rugby environment.
- To understand the values of loyalty and commitment to adults and team-mates.
- To recognise that every young player has a right to expect their involvement in rugby to be safe and free from all types of abuse.
- To understand that if an individual or group of young players feel they are not being treated in a manner that is acceptable, then they have the right to tell an adult either at the rugby club or outside of the game.

In Rugby Union, as a young player, you should:

- Play because you want to do so, not to please parents or coaches.
- Remember skill development, fun and enjoyment are the most important parts of the game.
- Be attentive at all training/coaching sessions.
- Work equally hard for yourself and your team and both will benefit.
- Recognise good play by ALL players on your team and your opponents.
- Be a sportsman – win or lose
- Play to the laws of the game and accept, without question, all the referee's decisions.
- Control your emotions. Verbal or physical abuse of team-mates, opponents, or match officials **IS NOT ACCEPTABLE IN ANY CIRCUMSTANCES.**
- Treat all players, as you would like to be treated. Do not interfere with, bully or take unfair advantage of any player.